

# Hit-A-Way



*"I give it my highest recommendation"*  
— Merv Rettenmund, MLB Batting instructor

## WARNING

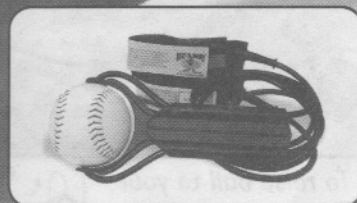
Improper use of the Hit A Way can result in serious injury.

Read and follow enclosed instructions for the proper and safe use of Hit A Way.

The enclosed instructions address the following safety issues and more:

1. If cords unwind completely, do not hit the ball; catch it and start over.
2. Stand far enough away from pole to hit the ball near the thick end of the bat. If the bat can reach the adjustment sleeve or beyond, you're too close - move back.
3. Always wear approved batting helmet with face guard.

**Important:** Read the entire instructions and warnings before using the Hit A Way.



Softball version available

# Hit-A-Way Set-Up

## **Safety First**

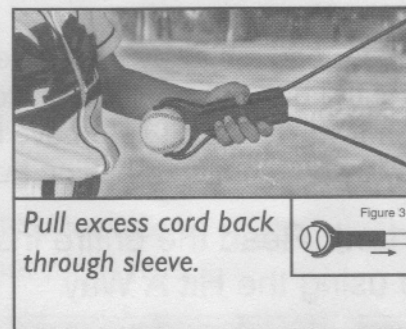
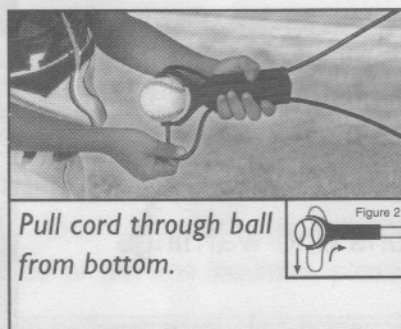
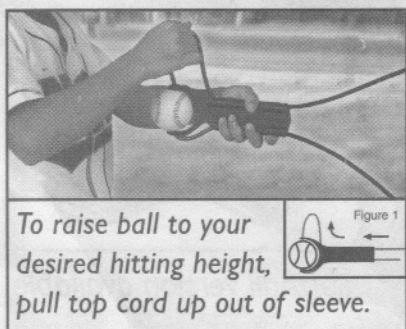
It's the Hit-A-Way way and it works! But first things first...take the time now to get to know how proper use of this amazing system can improve your batting swing. Read these instructions thoroughly before you begin.

## **Set-Up Instructions**

1. Find and secure a suitable hitting area, pole, tree, etc. with approximately 12 feet around pole. (Do not attach to any street signs.)
2. Attach hook and loop enclosure straps approximately 4 feet apart. Top strap should be approximately 5' to 6' from bottom of pole and bottom strap should be approximately 2' from bottom of pole.
3. Pull ball away from pole and adjust the height of the balls hitting position. To raise ball to your desired hitting height, pull top cord up out of sleeve (figure 1). Pull cord through ball from bottom (figure 2). Pull excess cord back through sleeve (figure 3). To lower ball, simply reverse the process.
4. Stand far enough away from pole to hit the ball near the thick end of the bat. If the bat can reach the adjustment sleeve or beyond, you're too close - move back.
5. Wind ball once around pole and set home plate down (not included) and fully extend cord so that the ball is over the center of the plate.
6. Throw ball towards imaginary pitcher (ball will wrap around pole 4 or 5 times).
7. Wait for ball to unwind 3 to 4 times and hit ball. Optimal hitting occurs on third unwinding. (If cords unwind completely, do not hit the ball; catch it and start over.)
8. Keep hitting as ball returns. (Do not step towards pole after hitting.)

**IMPORTANT:** Always wear approved batting helmet with face guard. Always have an adult present. Never use Hit-A-Way if it has been damaged in any way.

## **Hitting Height Adjustment Instructions**



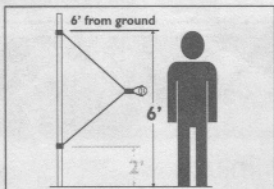


# Up Instructions

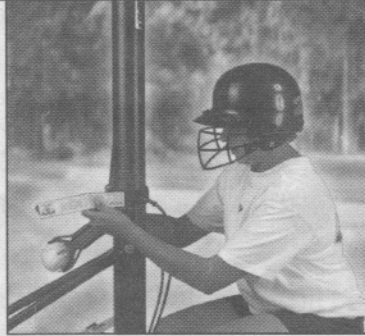
## 1 Attach Adjustable Top Strap!



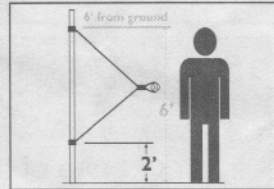
Attach Adjustable Top Strap 5' to 6' from bottom of pole.



## 2 Attach Adjustable Bottom Strap!



Attach Adjustable Bottom Strap 2' from bottom of pole.



## 3 Stance and positioning!

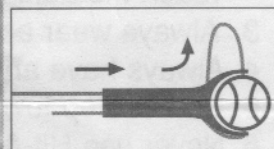


Pull ball and extend cord completely. Touch ball to belly button (you should be facing the pole). Back up until the fat part of your bat cannot reach beyond the ball.

## 4 Adjustable hitting height!



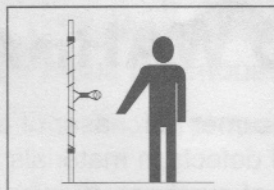
Adjust the ball to your desired hitting position. See Hitting Height Adjustment Instructions.



## 5 Toss ball towards imaginary pitcher!



Throw ball towards imaginary pitcher to get started.



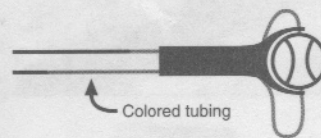
## 6 Hit it!



Hit ball as it unwinds from pole on the second to last wind. (If cords unwind completely, do not hit the ball; catch it and start over.)

## Additional useful information/recommendations:

1. Do not adjust hitting height beyond colored tubing (be sure colored tubing shows through both sides of adjustment sleeve).
2. Adjustment of hitting height will get easier with each use.
3. Always inspect your Hit A Way. Do not use Hit A Way if it is damaged in any way.
4. Use of wood bat may cause damage to bat.
5. Recommended age range for use of Hit A Way is 7 years old and up.
6. Recommended pole diameter for best performance of Hit A Way is approximately 3 – 3 1/2" inches in diameter, or a standard basketball pole.



# Hit-A-Way



**Visit us at [www.hitawayusa.com](http://www.hitawayusa.com)**

Visit us at [www.hitawayusa.com](http://www.hitawayusa.com) and see how you can make the most out of your Hit-A-Way today. Check out our batting tips & tricks to learn professional hitting secrets that most coaches won't even teach you.

## **WARNING**

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**The enclosed instructions address the following safety issues and more:**

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2. Stand far enough away from pole to hit the ball near the thick end of the bat. If the bat can reach the adjustment sleeve or beyond, you're too close - move back.
3. Always wear approved batting helmet with face guard.
4. Always have an adult present.
5. Do not step towards pole after hitting.
6. Never use Hit-A-Way if it has been damaged in any way.
7. Do not attach to any street signs.

**Important:** Read the entire instructions and warnings before using the Hit A Way.

## **90 DAY LIMITED WARRANTY**

**Pro Performance Sports** warrants to the original consumer purchaser of any Pro Performance Sports product it manufactures that the product will be free of defects in materials or workmanship for 90 days (unless specified in alternate warranties) from the date of purchase. If defective, return the product along with proof of the date of purchase, postage prepaid to the address below for replacement consideration:

**Pro Performance Sports, LLC.**  
12310 World Trade Drive, Suite 108  
San Diego, CA 92128  
Attn: Consumer Affairs

This warranty does not cover damages resulting from accident, misuse, abuse or lost merchandise.

Valid only in the USA.

All returns require a Return Merchandise Authorization (RMA) number.  
For returns and Customer Service inquiries, please call 1-877-225-7275.